

WDDS offers a variety of services that assist and support each person to develop their unique skills and personal networks to enable them to be participating members of the community.

Day services help to provide a meaningful day for the participants and are carried out according to the person's needs in a relaxing, stimulating and inviting atmosphere.

OPTIONS LEARNING CENTRE

The Options Learning Center provides adults the opportunity to choose courses related to their personal goals and interests. Learners may choose courses that fall under four foundations of learning: employment, personal development, life skills and essential skills.

Course registration is offered three times a year providing people opportunity to shift their learning focus or move on to next steps in their learning. Registration meetings are held every April, August and December. Options offers over 45 courses, each course encourages an interactive learning environment that is both fun and flexible ensuring all learners have the opportunity to meet achievable goals.



LEISURE

The Leisure Program provides leisure and social opportunities for adults. People may choose from a variety of community-based activities based on their personal preferences. Community experiences include but are not limited to yoga, Zumba, adaptive fitness sessions, senior center activities and bowling. The program also offers on-site experiences such as music, sensory exploration, creative arts, wellness activities and cooking. Our leisure area includes a sensory room offering people an opportunity to enjoy sensory experiences.



COMMUNICATIONS

WDDS is committed to ensuring people with communication barriers have the necessary tools and strategies to live, work and connect with others in their community. As such, we have a dedicated team to assist people with their communication needs.

- The team provides training for supports to ensure they have a good understanding of how to best support a person's communication needs.
- The team offers coaching to assist people in learning how to use their devices/tools.
- The team provides support for people who use low tech devices, including programming, updating and maintenance.
- The team creates visual supports as directed by the person.

ACCOMMODATION

WDDS enables people to be as independent as possible and to live and participate, to their fullest extent, in the life of their community. There are variable levels of supports provided in different environments, dependent on individual needs and abilities. Learning opportunities include areas such as self-care, household management, social skills and community awareness.

GROUP LIVING

Group Living Support is provided to two or more people living together, requiring up to twenty four-hour staff support. A model of person-centred planning is utilized to ensure that the person's expressed desires are listened to and that the supports are provided to ensure that they are realized. The key focus is to support people to live as independently as possible. Group Living may be a first step into transitioning into a more independent model of support.

WDDS currently supports people in 19 homes located throughout the community of Woodstock. Many of these homes are barrier free, providing accessible housing for a variety of physical needs.



SUPPORTED INDEPENDENT LIVING (SIL)

SIL supports are an option for people who have the skills to live independently in the community and may only require assistance on an intermittent or as-requested basis. Supports are based on a person's individual needs in regards to activities of daily living, such as assisting a person with budgeting, home management, food selection, meal preparation and community awareness. Training and skill development are the focus to increase a person's independence.

The amount of support required is determined mutually between the support worker and the person accessing supports and is reviewed regularly to ensure it is appropriate and is meeting the needs of the person.



TRANSITIONAL LIVING

The Transitional Living Program offers assessments and training in the areas of life skills for young people who are moving out of their family home and are planning to live more independently in the community. Participants are provided the necessary supports to enhance their skills in the areas of cooking, cleaning, laundry, budgeting and overall health and safety issues while residing in the transitional home location.

The program accommodates one person at a time for a period of 12 months as determined by a collaborative planning process between the person, their family and agency staff. The focus of training for each person would involve all the necessary skills required for a successful transition into the optimal living situation for that person.

EMPLOYMENT SERVICES

WDDS offers employment supports to assist people living with a disability to become contributing members of the business community through part time or full time employment.



Job Links is a free employment service that specializes in providing support to people with disabilities to secure employment. We have been operating throughout Oxford County since 1996.

We work with you to discover your true employment potential.

Our services include:

- Employment planning
- Resume and cover letter assistance
- Interview preparation
- Job trials and training
- On-site coaching

"We won't stop working until you are. Think Abilities, Think Success."

SUPPORTED EMPLOYMENT

The people employed by our Social Enterprises are trained and supervised by WDDS staff. These men and women receive comprehensive training in job tasks, health and safety, safe food handling and customer service. Our Social Enterprise employees take great pride in the work they carry out, they value their customers, and they aren't happy until you are.

FAMILY SERVICES

WDDS offers Family Services to assist caregivers and their loved ones to access appropriate resources, relief, and navigate the developmental services sector. Family Services encompasses the Family Support Program for families with children under 18 years old, Summer Camp for ages 10-21, Overnight Respite for those 18 years and older, and Youth to Adult Transition Planning. Services are either funded by the MCCSS or fee-for-service. Please see details on each service below.

Families can receive information and assistance with:

- Concerns about education
- Funding sources & completion of government forms
- Parenting programs and support groups
- Respite programs
- Community resources
- Future planning
-

RESPIRE SERVICES

Respite Services provides short-term, scheduled respite for adults 18 years of age or older with developmental disabilities who reside in Oxford County. WDDS has respite locations located in several of our accommodation houses as well as supports before and after day services.

SUMMER CAMP

In 1994, WDDS began providing an annual Summer Camp for youth aged 10 to 21 years of age who live with a developmental disability and reside in Oxford County. With limited programs available in the community to address the needs of these young people, WDDS actively fundraises to operate this non-government funded camp. The camp is extremely important to the families who utilize it for their children as it offers much needed respite and ensures the participants have a fun and stimulating experience in a safe environment. Camp is about having fun, enjoying new experiences and meeting new friends in a safe environment. Games, crafts, activities and trips are planned around weekly themes.