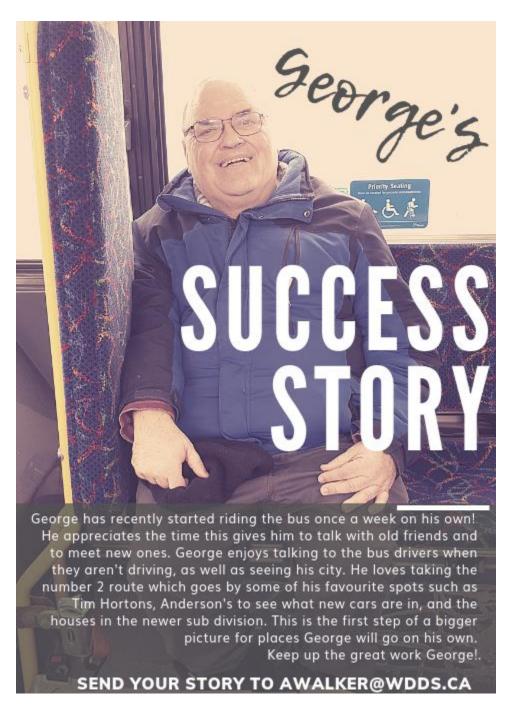
Riding the Transit System

Did you know that February 2nd was Transit Awareness Day? We are so lucky to live in a small city with such an awesome transit system. Let's use it to its fullest capacity! Great things can happen on a bus or because of the bus ©





Becky started going to Aqua-Fit at the YMCA as a way to work on her fitness goals but she ended up with so much more! Those who know Becky know her as a shy woman who enjoys things from the sidelines. After attending the same class with the same people she started to come out of her shell. Becky takes on a leadership role in the class by helping call out instructions. She also made a new friend Gerri from class, sharing crafting materials and going for lunch together!

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This is Sheryl Lee on her very first day of work at Yard Basics!

Being new to Woodstock, Sheryl Lee made it her mission to find those places where she belonged. This was not a hard task since she has so many passions. Following her love of cooking she started volunteering at an elementary school snack program and joined the Bullwinkles. Culinary Training program. After passing her Talk-AHA with flying colours, Sheryl Lee quickly mastered the city bus routes. She travels all over the city visiting and exploring new places, like CMHA where she has taken a few classes, or visiting with her friends and family. On Top of all these successes, Sheryl Lee is very proud to say she is the newest employee of the Yard Basics Landscaping Crew!

Go get 'em Sheryl Lee!

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Every Tuesday Jim and Norm have been going swimming at the Wayne Gretzky Centre in Brantford. One day Jim had struck up a conversation with another man and his friend in the pool and they really hit it off. At the end of the swim the gentleman exchanged numbers so that they can coordinate and meet up each week. Now the four of them meet up at McDonalds for coffee before hitting the pool and enjoy each others company. New friendships are always around the coner!

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